

GLUTEN FREE

These dishes are prepared gluten free. Just let us know you're gluten free and we'll take care of you along with any other modifications you'd like. Please note that foods containing wheat are prepared in our kitchens and cross-contamination may occur.

STEAMED EDAMAME (without Szechuan sauce)

sea salt 8½

THE 500 SALAD (without the barley & almonds)

organic quinoa, plenty of raw vegetables, watermelon radish, mint, avocado, 500 calories 14

SASHIMI TUNA SALAD (without the noodles)

seared Ahi, mango, peanuts, avocado, cilantro lime dressing 17¾

THE BEACH SALAD (without the candied pecans)

grilled chicken, strawberries, avocado, goat cheese, quinoa, lemon poppy seed dressing 17¼

LUNCH SALMON

grilled, fine herbs, aromatic rice 20½

HERB CRUSH SALMON (without crispy mashed potato)

grilled, fine herbs, beurre blanc, today's vegetables 25

BOMBAY BUTTER CHICKEN (without the naan)

yogurt & cilantro, basmati rice, papadum 17¾

PROTEIN STYLE BURGER (substitute the fries)

hand pressed burger with all the groceries, wrapped in lettuce 13¼

PRIME STEAKS (with mashed potatoes instead)

today's vegetables

CAB® PRIME SIRLOIN 24¾

FILET MIGNON 32

NEW YORK STEAK 31½

STEAK & PRAWNS 31¾

+ Grilled prawn skewer 7

+ Today's vegetables 4

GLUTEN FREE HAPPY ENDING

70% dark chocolate, dulce de leche, maldon salt 4½

VEGETARIAN

These are lacto-ovo vegetarian dishes. We use a high quality soy-based protein as chicken substitute.

THE 500 SALAD

organic quinoa, barley, plenty of raw vegetables, watermelon radish, almonds, mint, avocado, 500 calories 14 + Soy Protein \$3½

SZECHUAN EDAMAME

chilies, garlic & soy sauce 8½

LETTUCE WRAPS (without oyster sauce)

soy protein, toasted peanuts, cilantro, wok vegetables 15½

SOY BEACH SALAD

soy protein, strawberries, goat cheese, avocado, quinoa, lemon poppy seed dressing 17¼

SOY SOUVLAKI

soy protein, Greek tzatziki, grilled pita 14¾

BOMBAY BUTTER SOY "CHICKEN"

soy protein, yogurt & cilantro, almond basmati rice 17¾

HOUSEMADE VEGGIE BURGER

organic brown rice, arugula & almonds, jack cheese 15

+ Aromatic rice 3

+ Mashed potatoes 4

+ Brown rice 3

+ Today's vegetables 4

+ Wedge of garlic bread 2¼